

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30-6:00 pm	*7/8 th Boys (S) *6 th gr. grey (P) *7 th gr. blue (S)	*4 th gr. blue (P) *6 th gr. Blue (S) *7 th gr. white (P)	*6 th gr. White (S) *5 th gr. Boys (P)	*6 th Lady Knights (S) *Junior Knights Blue & White (P)	Coach West Training By invite	CLINIC 4:00-5:30 k-3rd 5:30-7:00 4-6th 7:00-8:30 7-HS
6:00-7:30 pm	*6 th gr. White (P) *8 th Lady White (P) *5 th gr. Boys (S)	*6 th gr. grey (S) *6 th gr. Lady (P) *Junior Knights Blue & White(S)	*7/8 th Boys (P) *8 th /9 th Lady Blue (S) *7 th gr. blue (P)	*4 th gr. blue (S) *6 th gr. Blue (P) *8 th Lady White (S)		
7:30-9:00 pm	*8 th /9 th Lady Blue (P) *JV White (S) *JV Grey (S)	*JV Blue (P) *8 th gr. Boys (S) *Varsity (P)	*JV White (P) *Varsity (S) *JV Grey (P)	*JV Blue (S) *7 th gr. white (S) *8 th gr. Boys (P) *Varsity (S)		

(s) = Skills Practice (P) = Team practice

*****If you CAN NOT make your scheduled practice, DEFINITELY come to another practice on the schedule. You are welcome to come to additional practices as well.*****

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